

Better?

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A thought occurred to me this afternoon.

Someone asked me how I was. It was someone I know, so the enquiry was a bit more than the usual polite exchange.

And it occurred to me that for the second day running I am feeling OK. Even, back to normal.

I have energy again. My body is functioning in a way that I recognise, and which I last experienced in mid-June. There is no discomfort.

Perhaps that scan late last week revealed something that I was not aware of at the time, which is that my kidney stone had departed, or was departing.

If so, I am very pleased, because this is not an episode that I would like to repeat in a hurry.