

Funding the Future

AI: confronting loneliness alone

Published: June 2, 2026, 7:35 am

This [is worrying](#):

Luiza Jarovsky, PhD @LuizaJarovsky · 16h

According to the Harvard Business Review, these are the top 10 generative AI use cases in 2026.

And yes, therapy/companionship is the top use case again, regardless of what AI companies say:

Rank	2025 Use Case	2026 Use Case
1	Therapy/companionship	Therapy/companionship
2	Organizing my life	Troubleshooting
3	Finding purpose	Fun and nonsense
4	Enhanced learning	Fan fiction and storytelling
5	Generating code (for pros)	Technical use of software
6	Generating ideas	Autonomous agentic operations
7	Fun and nonsense	Relationship advice
8	Improving code (for pros)	Work buddy
9	Creativity	Astrology and tarot readings
10	Healthier living	General advice

19 replies, 89 retweets, 192 likes, 10K views

All those data centres, and all that computing power, and why? So that people can confront their loneliness on their own.

No wonder we need a politics of care.