

## Reflections

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I have been responsible for administering an estate for the last 20 months.

This was not the choice of the person whose estate I am administering. I was even a little surprised to find that I was mentioned in their will, but I was, and I am grateful. However, the person in question managed to leave a will that was entirely valid, but had executors who were either already dead or who were too old to feel able to act. All the other remaining beneficiaries decided, in their wisdom, that I should act on their behalf, and out of a sense of duty, I have, with the consent of the relevant Court, which is a time-consuming process, not greatly helped by lawyers (who I did not choose) who did not seem to really know what they were doing.

Yesterday, I had to spend much time dedicated to the affairs of that estate, and if everything goes well, matters should be wound up within the next few months, and those with an entitlement should finally receive what they are due, and my extra admin burden will come to an end.

There are three reasons for mentioning this. The first is to quietly beg everyone to get a will. It really is important.

The second is to remind people to choose executors who do have a chance of outliving them, or who at least might have the energy to act at the time when you are no longer around. The sense of doing this would seem obvious, but over many years, I have seen people appoint their friends and peers of a similar age to this role, and the truth is that once you reach a certain age, it is wise to look to the next generation for assistance.

The third reason is that, possibly because I was doing something that felt burdensome rather than something I really wanted to do yesterday, I realised that I am really tired at present. The last few months have been a period of intense thinking and productivity, and I don't regret for a moment the effort expended in that process. But I am human, and the number of hours I spend on writing both this blog and the related videos, plus the thinking on the projects underway, inevitably have an impact, and this morning I am feeling that. I am, therefore, taking a long weekend from Friday.

The truth is that James and Tom do, anyway, want to use what we euphemistically call the studio space for some experimentation of their own. So we are leaving them in charge of the fort and are heading for some birdwatching. No doubt some long walks will also be taken to take time to work out precisely how we think the relationships between the insights in quantum biology can be properly related to economics, as we think they can be. That's what we call leisure.

There will also inevitably be some blogging because I cannot stop writing, plus videos, because they always have to be made before the day of publication, but if moderation is slow this coming weekend, now you know why. I inevitably get complaints when that happens, but please believe me, I am human, and rest is needed occasionally.

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