

## Confession time

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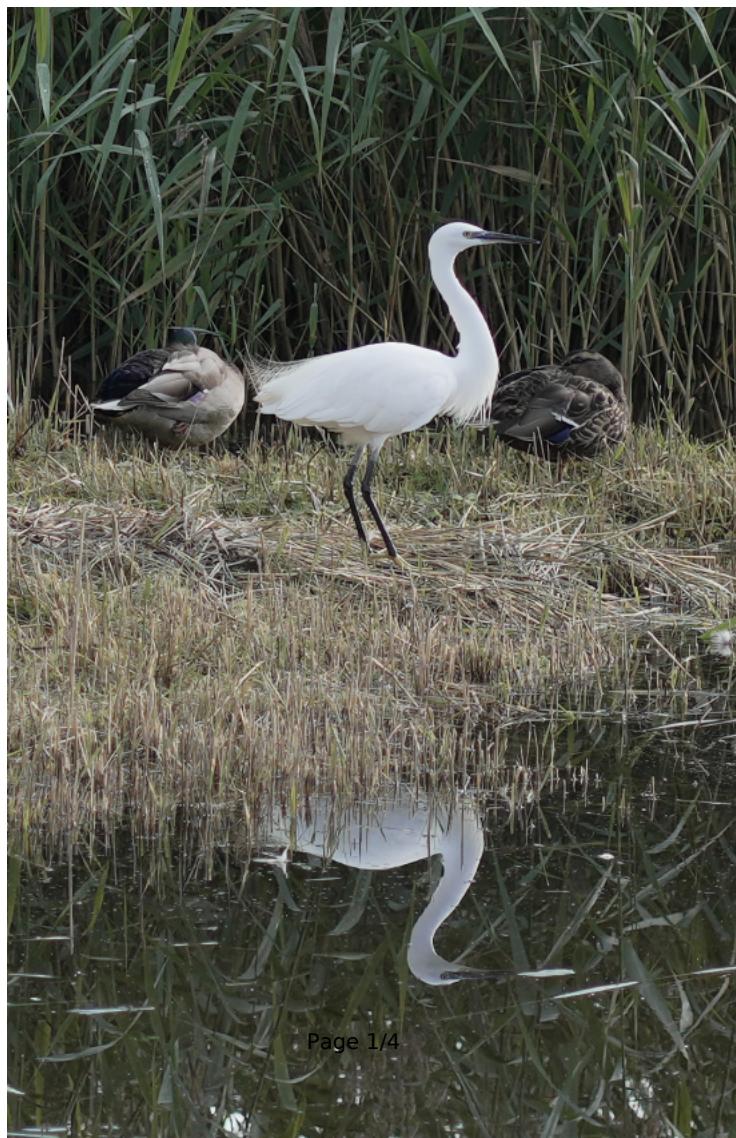
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I admit I said I was having some thinking time last week, and it's true that I was. I was also on holiday near Newport in Pembrokeshire, in West Wales.

All the week's videos were made before I went and then edited and posted by Thomas.

Everything else was written on the day, as usual: I don't sleep in much on holiday, and ideas never stop.

There was time for a lot of birdwatching. This little egret was quite special, and very close:



That was at the Welsh Wildlife Trust reserve in Cardigan, which has the best food of any bird reserve I have ever been to. It would be worth going for the cafe alone, but the birding also made it worth three visits, with much to be enjoyed.

Another robin grabbed my attention on a walk, this time near the coast:



Corvids seem to be big fans of Welsh beaches:



The weather was glorious:



Time was spent on the beach:



And:



And yes, we did go swimming - and it was cold, but fun.

I also learned a lot about making videos outside, but I did not make anything that will appear here, although the lessons might be used in the future.

Importantly, batteries were recharged. Now, it's back to work. I am speaking at the Scottish Currency Group conference this afternoon and have yet to prepare my notes.