

Funding the Future

Article URL

Published: January 12, 2026, 7:45 pm

One of the biggest health risks in the UK, if not the biggest, comes from the wholly unnecessary consumption of excess sugar in the processed foods on which far too much of the UK diet now relies.

Obesity is the result.

So is the massive increase in the number of people afflicted by type 2 diabetes, which is an illness largely curable by eliminating that excess sugar consumption.

Our general lack of physical fitness is at least in part due to excess sugar consumption.

And now we have a new health secretary. She is the gloriously incompetent (in my opinion, based on watching many past performances) [Victoria Atkins MP](#).

I have zero expectation of her. But what really worries me is that her husband is [Paul Kenward](#), managing director of British Sugar.

Sweet dreams must be made of this as far as he is concerned.