

## How does that make you feel?

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I got this letter yesterday:



As my wife, putting on her doctor's hat asked, "How does that make you feel?"

I suppose I am grateful to have got here.

And I am a little surprised that I am about to be categorised as 'old'.

But am pleased that there is still such a thing.

And worried that there might not be one day.

There are so many emotions linked to that letter.

I am going out bird-watching for the day with an old university friend to think about them. He hits 66 four months earlier than me. I'll ask him how he feels.