

Long Covid, again

Published: January 13, 2026, 8:54 am

I began talking about long Covid again last week. I had been trying to avoid having to take antibiotics again, having had at least seven batches since early July (it might be eight, I am losing count). But by the weekend it was obvious that this was not working and I was being flaked out again by the quite painful and noxious sinusitis I have been suffering. This morning I was prescribed the next batch and spent much of the day feeling quite unable to work.

I may not be posting much over the next couple of days. For once I might take the advice to rest. Sorry.