

# Mask wearing is so easy, so why aren't we doing it?

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I posted this on Twitter this morning:

<https://twitter.com/richardjmurphy/status/1553992017746829313?s=21&t=YWrzzgnZbZyMYViVs4bMhw>

Having had Covid before I expected to feel ill, and did. This is much worse than whatever we usually call flu. But I had not expected the fatigue to continue as it has.

Sure, I have been working, but probably less than usual precisely because of this, so that is not the real explanation.

That real explanation just seems to be that this thing can be vicious.

My appeal to people is based on the simple fact that getting this is not fun, and very large numbers of people are doing so. So why aren't we trying to prevent that? It baffles me when mask wearing is so easy.