

## What really matters?

Published: January 13, 2026, 10:17 am

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Mark Cooney, who films and edits my YouTube videos, suggested we make a special for bank holiday Monday. As I am spending the day marking a significant birthday for a younger member of my family I thought I'd reflect on what really matters in life, and the fact that young people in the UK seem to be so much more stressed than those in other countries at present.

The question then is 'what really matters?' And the problem in the UK is that it seems that we have let economists answer that question.

<https://youtu.be/zSluvtsuOq0>