

# States rarely commit suicide: it feels like the UK is

Published: January 13, 2026, 9:15 am

---

As I leave the UK for a couple of days it feels like the sanest thing anyone might do.

Our politicians still appear to be the only people who do not think we are facing a political, constitutional and economic crisis.

Our minority government is facing outright rebellion from coming on for half its backbencher who are not on the government payroll.

And where is the Opposition?

The rest of us are feeling powerless and even helpless.

Perhaps we need meltdown before the sanity of a second referendum is offered but I have little confidence about the outcome of that.

States rarely commit suicide. The UK feels like it is.