

## For the armchair participants on Saturday - who can't m...

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From Twitter:

Suggested email addresses for [#Armchairarmy](#) media bombardment from 11 am [#Mar26](#) for pps who can't march . Plse read & RT SHOW YOUR SUPPORT OF THE MARCH ON 26 MARCH BY EMAILING THE FOLLOWING PEOPLE. TELL THEM WHY YOU ARE SUPPORTING THE MARCH & WHY YOU CAN'T GO ON THE MARCH.

This is a list of email addresses we would like people to send their emails to. The more people that send to the same recipients, the more impact we'll have. But, of course, you may have other people you want to tell. Please, please take this chance to vent your feelings. Let's hope we can have an impact.

### TV PROGRAMMES

- 1 BBC [mike.sergeant@bbc.co.uk](mailto:mike.sergeant@bbc.co.uk)
- 2 Have your say [bbc.co.uk/haveyoursay](http://bbc.co.uk/haveyoursay)
- 3 ITV Tonight mailto: [tonight@itv.com](mailto:tonight@itv.com)
- 4 Channel 4 News [news@channel4.com](mailto:news@channel4.com)
- 5 Five [studio@five.tv](mailto:studio@five.tv)
- 6 Sky [news@sky.com](mailto:news@sky.com) & [newsonline@bskyb.com](mailto:newsonline@bskyb.com)
- 7 Newsnight [newsnight@bbc.co.uk](mailto:newsnight@bbc.co.uk)
- 8 Politics Show [politicsshow@bbc.co.uk](mailto:politicsshow@bbc.co.uk)
- 9 Andrew Marr show <http://bbc.in/hVyxCy> (Leave comment)
- 10 form for This week with Andrew Neal <http://bbc.in/i0FwQp>

## NEWSPAPERS:

11 The Sunday mirror [scoops@sundaymirror.co.uk](mailto:scoops@sundaymirror.co.uk) (Sell your story)

12 The Sunday Times Editor in Chiefonline. [editor@timesonline.co.uk](mailto:editor@timesonline.co.uk)

13 The Sunday Mail [news@mailonsunday.co.uk](mailto:news@mailonsunday.co.uk)

14 The Independent  
News: [editor@independent.co.uk](mailto:editor@independent.co.uk)  
Letters: [letters@independent.co.uk](mailto:letters@independent.co.uk)

15 The Guardian  
News: [home@guardian.co.uk](mailto:home@guardian.co.uk)  
Letters: [letters@guardian.co.uk](mailto:letters@guardian.co.uk)

16 The Morning Star  
News: [morningstar@pentel.org.uk](mailto:morningstar@pentel.org.uk)  
Letters: [morningstar@smail.net](mailto:morningstar@smail.net)

17 The Evening Standard  
Letters: [letters@standard.co.uk](mailto:letters@standard.co.uk)

18 The New Statesman  
Letters: [codone@newstatesman.co.uk](mailto:codone@newstatesman.co.uk)

19 The Telegraph  
Letters: [dlletters@telegraph.co.uk](mailto:dlletters@telegraph.co.uk)

20 The Mirror  
Letters: [mailbox@mirror.co.uk](mailto:mailbox@mirror.co.uk)

21 The Times  
News: [editor@the-times.co.uk](mailto:editor@the-times.co.uk)  
Letters: [letters@the-times.co.uk](mailto:letters@the-times.co.uk)

22 The Sun  
News: [editor@the-sun.co.uk](mailto:editor@the-sun.co.uk)  
Letters: [talkback@the-sun.co.uk](mailto:talkback@the-sun.co.uk)

23 The Daily Mail  
News: [editor.in@dailymail.co.uk](mailto:editor.in@dailymail.co.uk)  
Letters: [letters@dailymail.co.uk](mailto:letters@dailymail.co.uk)  
24 The Observer  
editor: [letters@observer.co.uk](mailto:letters@observer.co.uk)